

THE EXTRA SCOOP

Presented by the Fairbanks North Star Borough Parks & Recreation Department Adaptive Recreation Program



PROGRAM INFO:

Adaptive Program
Coordinator: Nicole Horn

Phone: 907-459-1097

Email: nicole.horn@fnsb.us

Website: www.fnsb.us

IMPORTANT DATES:

Monday, March 30th:
NO PROGRAMS - Seward's Day

Sunday, March 8th:
Daylight Savings Time -
MOVE CLOCKS AHEAD

FLiP
Fairbanks Loves Its Parks

**SIGN UP FOR OUR FREE
MONTHLY PARKS & REC
EMAIL ON OUR WEBSITE!**

ADAPTIVE PROGRAMS AND CULTURAL OUTINGS INSTRUCTIONS

1. All registered participants that come with the Adaptive Recreation group will be required to stay with the group during the activity. If the participant wishes to leave an event, he or she must have his or her guardians consent and the guardian needs to tell a member of the Adaptive staff.
2. All Participants of the Adaptive Recreational Programming will need to be respectful to other members of the program and community to the best of their ability. This includes using appropriate language.
3. The no alcohol rule is in effect and smoking prohibited during the program. After the program ends, the facility's smoking rules apply.
4. Call the Parks and Recreation Adaptive Program Office Monday through Friday at 459-1097 to sign up for 2 cultural activities. *All reservations must be made by the Wednesday prior to the activity. Your phone call will be returned, confirming the reservation. **If an activity is full or if you want to sign up for more than 2 events, ask to be put on the wait list. If an event does not fill up, those on the wait list will be contacted.



DEAR PARTICIPANTS, PARENTS AND CAREGIVERS,

I hope this newsletter finds everyone in good health. This issue of the Extra Scoop is packed with information for the Adaptive March/April Programs. Please note we will have some relocations due to Mary Siah Recreation Center closing March 1st through August, please be sure to note the program times that will change as well as the locations of these programs. As you know FNSB School District's Spring Break March 9th-March 13th will affect Wednesday night programming which is normally scheduled for the Hunter Elementary School's Gym.

It is very important for participants to wear appropriate outerwear for the current temperature when participating in the Adaptive Fall/Winter Programs as well as riding Van Tran to outdoor activities. We will conduct programs outside down to -14 F. Temperatures -15 F. or colder will necessitate the cancellation of outside programs. We will be checking the weather on NOAA at 1:00pm the day of the event for the temperature please call the office if you have any questions. Anyone wishing to attend any cultural event MUST call the Adaptive Office the Wednesday prior to each of the cultural events to sign -up.

Registration is required for each of the programs in which you would like to participate. Registering is imperative for our programming so that we have enough materials and staff to ensure a successful program. Simply call the Adaptive Program Office 459-1097 to place your requests. Transportation will be provided through the FNSB Van Tran system at no cost to you when attending the Adaptive Programs.

For additional information or to register, simply call the Parks & Recreation Adaptive Office, or check online at the Fairbanks North Star Borough Website: www.fnsb.us. We have a new look to our department's website, called "MyRec", you are encouraged to register for an account. For those of you just trying to locate our Adaptive Newsletter and Calendar, go to our FNSB.us website/Departments/Parks & Recreation/General Info/Forms, scroll down to the page to Adaptive and you find the newsletter, Waiver and other information.

Happy St. Patrick's Day to all,

Nicole Horn

CULTURAL OUTINGS

FRIDAY, MARCH 6

Movie @ Regal Cinemas



4:00PM - 7:00PM
REGAL CINEMAS
COST: \$27.00

FRIDAY, MARCH 13

Dinner @ Cookie Jar



4:00PM - 6:00PM
COOKIE JAR
COST: \$27.00

SATURDAY, MARCH 21

Special Olympics Dance



7:00PM - 9:00PM
ELK'S
COST: FREE

FRIDAY, MARCH 27

Paint Night!



3:45PM - 6:00PM
HAMME POOL
COST: \$20.00

FRIDAY, APRIL 3

Movie @ Regal Cinemas



4:00PM - 7:00PM
REGAL CINEMAS
COST: \$27.00

FRIDAY, APRIL 10

Dinner @ Shogun Hibachi



4:00PM - 5:30PM
SHOGUN HIBACHI
COST: \$30.00

SATURDAY, APRIL 18

Special Olympics Dance



7:00PM - 9:00PM
ELK'S
COST: FREE

FRIDAY, APRIL 24

Bunco Game Night!



3:45PM - 6:00PM
HAMME POOL
COST: \$10.00

WEEKLY PROGRAMS



BOWLING

DAY(S) OF WEEK	TIME	LOCATION	FEE
Monday	3:30PM - 5:30PM	Arctic Bowl	\$4.50/game



SNOW FUN!

DAY(S) OF WEEK	TIME	LOCATION	FEE
Tuesday	3:00PM - 4:00PM	Big Dipper	Free



ICE SKATING & GAME NIGHT

DAY(S) OF WEEK	TIME	LOCATION	FEE
Tuesday	4:15PM - 5:15PM	Big Dipper	Free



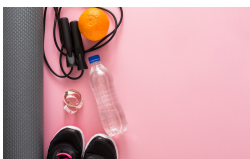
WALKING

DAY(S) OF WEEK	TIME	LOCATION	FEE
Tuesday	5:15PM - 6:15PM	Big Dipper	Free



WHEELCHAIR BASKETBALL

DAY(S) OF WEEK	TIME	LOCATION	FEE
Wednesday	6:00PM - 7:00PM	Hunter Gym	Free



RECREATION NIGHT

DAY(S) OF WEEK	TIME	LOCATION	FEE
Wednesday	7:00PM - 8:45PM	Hunter Gym	Free



ART

DAY(S) OF WEEK	TIME	LOCATION	FEE
Thursday	4:30PM - 6:00PM	Hamme Pool	Free



SWIMMING

DAY(S) OF WEEK	TIME	LOCATION	FEE
Thursday	6:30PM - 8:30PM	Hamme Pool	Free






EXERCISE

DAY(S) OF WEEK	TIME	LOCATION	FEE
Friday	2:30PM - 3:30PM	Hamme Pool	Free







March 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 3:30-5:30p.m. Bowling @ Arctic Bowl	3 Snow Fun 3:00-4:00p.m. Skating/Game Night 4:15-5:15 p.m. Walking 5:15-6:15 p.m @ Dipper	4 6:00-7:00p .m. Wheelchair Basketball 7:00-8:45 Rec Night @ Hunter School	5 4:30-6:00p.m. Art @ Hamme 6:30-8:30 p.m. Adapt/Rec Swim @ Hamme Pool	6 2:30-3:30p.m. Exercise @ Hamme 4:00-7:00p.m. Cultural/ Movie	7
8 Daylight Saving Time Move Clocks Ahead 1 hr. 	9 3:30-5:30p.m. Bowling @ Arctic Bowl 	10 Snow Fun 3:00-4:00p.m. Skating/Game Night 4:15-5:15 p.m. Walking 5:15-6:15 p.m @ Dipper	11 5:00-6:00p .m. Walking @Dipper 6:00-7:30 Movie @ Dipper	12 4:30-6:00p.m. Art @ Hamme 6:30-8:30 p.m. Adapt/Rec Swim @ Hamme Pool	13 2:30-3:30p.m. Exercise @ Hamme 4:00-6:00p.m. Cultural/ Diner@ Cookie Jar	14
15	16 3:30-5:30p.m. Bowling @ Arctic Bowl	17 Snow Fun 3:00-4:00p.m. Skating/Game Night 4:15-5:15 p.m. Walking 5:15-6:15 p.m @ Dipper	18 6:00-7:00p .m. Wheelchair Basketball 7:00-8:45 Rec Night @ Hunter School	19 4:30-6:00p.m. Art @ Hamme 6:30-8:30 p.m. Adapt/Rec Swim @ Hamme Pool	20	21 7:00-9:00p.m. Cultural Special "O" Dance 
22	23 3:30-5:30p.m. Bowling @ Arctic Bowl	24 Snow Fun 3:00-4:00p.m. Skating/Game Night 4:15-5:15 p.m. Walking 5:15-6:15 p.m @ Dipper	25 6:00-7:00p .m. Wheelchair Basketball 7:00-8:45 Rec Night @ Hunter School	26 4:30-6:00p.m. Art @ Hamme 6:30-8:30 p.m. Adapt/Rec Swim @ Hamme Pool	27 2:30-3:30p.m. Exercise @ Hamme 3:45-6:00 p.m. Cultural/Paint Night @ Hamme	28
29	30 No Programs	31 Snow Fun 3:00-4:00p.m. Skating/Game Night 4:15-5:15 p.m. Walking 5:15-6:15 p.m @ Dipper				

MSRC = Mary Siah Recreation Center, Swimming Pool & Art Room, Dipper= Big Dipper Ice Arena, Hunter Gym = Hunter Elementary School Gymnasium
 Arctic Bowl=Arctic Bowling Alley, MSRC Conference= Mary Siah Recreation Center Conference Room-upstairs Hamme=Hamme Pool
 Fairbanks North Star Borough Department of Parks & Recreation, Adaptive & Senior Program Coordinator Nicole Horn 459-1097

April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 2:30-3:30 p.m. Exercise @ Hamme 3:45-7:00 p.m. Cultural/Movie @ Regal Cinema	4
5	6 3:30-5:30p.m. Bowling @ Arctic Bowl	7 3:00-4:00p.m. Walking@ Dipper 4:15-5:30p.m. Game Night @ Dipper	8 6:00-7:00p.m. Wheelchair Basket- ball 7:00-8:30 p.m. Rec Night @Hunter	9 4:30-6:00p.m. Art @ Hamme 6:30-8:30 p.m. Adapt/Rec Swim @ Hamme	10 2:30-3:30p.m. Exercise @ Hamme 4:00-5:30p.m. Cultural/ Dinner @ Shogun Hibachi	11
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**Fairbanks North Star Borough
Parks & Recreation Department
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