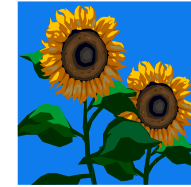








June 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00-11:00am Breakfast @ D&W Grill 2:45-3:45pm Greenhouse Tour @Plant Kingdom	2 9:30-10:30am Walking @ Dipper 11:15-11:45am Exercise @MSRC	3 11:15-11:45am Exercise @ SSC 12:00pm-2:00pm Social Time@ SSC 6:30-8:30pm Paint Night @ Alaska Art & Soul	4
	5	6 11:15-11:45am Exercise@ SSC 12:00-2:00pm Social Time @SSC	7 9:30-10:30am Walking @ Dipper 11:15-11:45am Exercise @MSRC 12:15-1:15pm Lunch@ Great Harvest	8 10:00-11:00am Coffee@ McDonalds 2:30-4:00pm Bingo @ Big Dipper	9 9:30-10:30am Walking @ Dipper 11:15-11:45am Exercise @MSRC 12:15-1:15pm Lunch@ Pho House	10 No NP Exercise
12 	13 11:15-11:45am Exercise@ SSC 12:00-2:00pm Social Time @ SSC	14 9:30-10:30am Walking @ Big Dipper 11:15-11:45am Exercise @MSRC 1:00-2:00pm AK Senior Games Practice @PP	15 11:15am-12:15pm Farmers Market 2:45-3:45pm Antique Auto Museum	16 9:30-10:30am Walking @ Big Dip- per 11:15-11:45am Exercise @MSRC	17 11:15-11:45am Exercise@ SSC 12:00pm-1:30pm Social Time@ SSC 1:45pm-2:45pm AK Senior Games Prac- tice @ Miller Park	18 Dipper Closed for Maintenance June 18th–July 24th
19	20 11:15-11:45am Exercise@ SSC 12:00-2:00pm Social Time @SSC	21 9:30-10:30am Walking @ MTCC 11:15-11:45am Exercise @MSRC	22 10:00-11:00am Walking @ Creamers Field 11:30-12:30pm Lunch @ Geraldo's	23 9:30-10:30am Walking @ MTCC 11:15-11:45am Exercise @MSRC	24 11:15-11:45am Exercise@ SSC 12:00-2:00pm Social Time @SSC	25 
26	27 11:15am-11:45am Exercise@ SSC 12:00-2:00pm Social Time @SSC	28 9:30-10:30am Walking @ MTCC 11:15-11:45am Exercise @MSRC 1:00-2:00pm AK Senior Games Prac- tice @PP	29 10:00-11:00am Breakfast @ Country Cafe 11:30am-12:30pm Greenhouse Tour @ Hawks	30 9:30-10:30am Walking @ MTCC 11:15-11:45am Exercise @MSRC 12:15-1:15pm Lunch @ Cookie Jar		

Please call the Senior Program Office at 459-1136 to sign up for programs. Sign-ups are now required.

MSRC= Mary Siah Recreation Center, SSC= Santa's Senior Center North Pole, MTCC= Morris Thompson, Dipper =Big Dipper Ice Arena, PP-Pioneer Park