

JANUARY 2024 ADAPTIVE PROGRAMS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 7	1 No Programs 	2 2:30pm - 4:30pm Open Gym @ JCC 3:30pm-4:30pm Wii @ JCC	3 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	4 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	5 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bingo @ JCC 	6 
	8 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl	9 2:30pm - 4:30pm Wheelchair Basketball@ JCC 	10 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	11 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC 	12 12:00pm-12:30pm Zoom Lunch Chat 6:30pm- 9:30pm Ice Dogs Hockey @ Big Dipper 	13 
14 	15 No Programs 	16 2:30pm - 4:30pm Open Gym @ JCC 3:30pm-4:30pm Wii @ JCC	17 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	18 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC 	19 12:00pm-12:30pm Zoom Lunch Chat 2:30pm—4:30pm Paint Night	20 Special "O" Dance 7pm - 9pm @ Elks Lodge 
21 	22 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl 	23 2:30pm - 4:30pm Wheelchair Basketball@ JCC	24 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	25  1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	26 12:00pm-12:30pm Zoom Lunch Chat 2:30pm—4:00pm Sandwich crEATIONS Create & Eat 	27 
28	29 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl	30 2:30pm - 4:30pm Open Gym @ JCC 3:30pm-4:30pm Wii @ JCC	31 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper 			

MSRC = Mary Siah *JCC = Joy Community Center*

FEBRUARY 2024 ADAPTIVE PROGRAMS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	2 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—5:00pm Early Dinner @ Food Factory	3
4	5 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl	6 2:30pm - 4:30pm Wheelchair Basketball@ JCC	7 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	8 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	9 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bingo @ JCC	10
11	12 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl	13 2:30pm - 4:30pm Open Gym @ JCC 3:30pm-4:30pm WII @ JCC	14 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	15 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	16 12:00pm12:30pm Zoom Lunch Chat 2:30pm—4:30pm Open Gym/Wii	17 Special "O" Dance 7pm - 9pm @ Elks Lodge
18	19 NO PROGRAMS	20 2:30pm - 4:30pm Wheelchair Basketball@ JCC	21 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	22 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	23 12:00pm12:30pm Zoom Lunch Chat 2:30pm—4:00pm Family Feud	24
	26 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl	27 2:30pm - 4:30pm Open Gym @ JCC 3:30pm-4:30pm WII @ JCC	28 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	29 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC		

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