

MARCH 2024 ADAPTIVE PROGRAMS



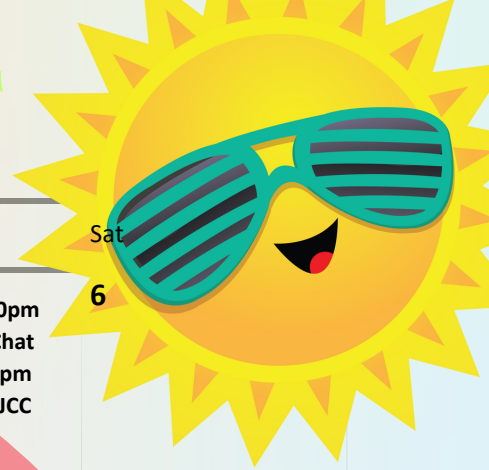
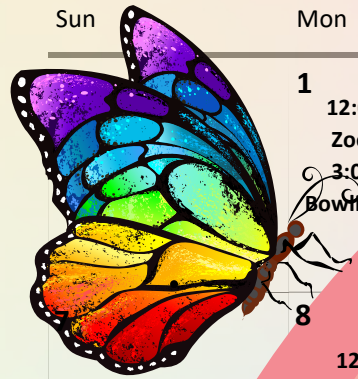
Sun Mon Tue Wed Thu Fri Sat

**You must Pre-register for ALL programs
at least 48 hours in advance!**

3	4 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl	5 2:30pm - 3:30pm Basketball Wheelchair @ JCC 3:30pm-4:30pm Wii Games @ JCC	6 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	7 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	8 12:00pm-12:30pm Zoom Lunch Chat 2:30pm—3:30pm Race your Pinewood Derby Car@ JCC 3:30pm-4:30pm Open Gym @ JCC	9 
10 	11 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl	12 2:30pm - 3:30pm Open Gym @ JCC 3:30pm-4:30pm Wii Games @ JCC	13 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	14 1:00pm - 3:00pm Spring Fest @ Tanana Lakes Meet at Motorized Boat Launch	15 12:00pm-12:30pm Zoom Lunch Chat 2:30pm - 3:30pm Open Gym @ JCC 3:30pm- 4:30pm Wii Games @ JCC	16 Special "O" Dance 7pm - 9pm @ Elks Lodge 
17 Happy St. Patrick's Day	18 12:00pm-12:30pm Zoom Lunch Chat 3:00pm—4:30pm Bowling @ Arctic Bowl	19 2:30pm - 3:30pm Basketball Wheelchair @ JCC 3:30pm-4:30pm Wii Games @ JCC	20 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	21 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	22 12:00pm-12:30pm Zoom Lunch Chat 2:30pm—4:00pm Ice Park @ Ice Alaska Tanana Valley State Fairgrounds Meet at Ticket Booth	23 
24	25 NO PROGRAMS 	26 2:30pm - 3:30pm Open Gym @ JCC 3:30pm-4:30pm Wii Games @ JCC	27 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	28 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	29 12:00pm-12:30pm Zoom Lunch Chat 2:30pm—4:00pm Bingo @ JCC	30
31 Happy Easter						

MSRC = Mary Siah* *JCC = Joy Community Center

APRIL 2024 ADAPTIVE PROGRAMS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12:00pm-12:30pm Zoom Lunch Chat 3:00pm-4:30pm Bowling @ Arctic Bowl	2 2:30pm - 3:30pm Basketball Wheelchair @ JCC 3:30pm-4:30pm Wii Games @ JCC	3 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	4 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	5 12:00pm-12:30pm Zoom Lunch Chat 2:30pm-4:30pm Paint Night @JCC	6
	8 12:00pm-12:30pm Zoom Lunch Chat 3:00pm-4:30pm Bowling @ Arctic Bowl	9 2:30pm - 3:30pm Open Gym @ JCC 3:30pm-4:30pm Wii Games @ JCC	10 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	11 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	12 12:00pm-12:30pm Zoom Lunch Chat 3:00pm-5:00pm Early Dinner @ Gallos	13
14	15 12:00pm-12:30pm Zoom Lunch Chat 3:00pm-4:30pm Bowling @ Arctic Bowl	16 2:30pm - 3:30pm Basketball Wheelchair @ JCC 3:30pm-4:30pm Wii Games @ JCC	17 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	18 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	19 12:00pm-12:30pm Zoom Lunch Chat 2:30pm - 3:30pm Open Gym @ JCC 3:30pm-4:30pm Wii Games @ JCC	20 Special "O" Dance 7pm - 9pm @ Elks Lodge
21	22 12:00pm-12:30pm Zoom Lunch Chat 3:00pm-4:30pm Bowling @ Arctic Bowl	23 2:30pm - 3:30pm Open Gym @ JCC 3:30pm-4:30pm Wii Games @ JCC	24 12:00pm -12:30pm Zoom Lunch Chat 2:00pm - 3:00pm Walking @ Big Dipper 3:00pm- 4:00pm Games @ Big Dipper	25 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	26 12:00pm-12:30pm Zoom Lunch Chat 2:30pm-4:30pm Movie @ JCC	27
28	29 12:00pm-12:30pm Zoom Lunch Chat 3:00pm-4:30pm Bowling @ Arctic Bowl	30 2:30pm - 3:30pm Basketball Wheelchair @ JCC 3:30pm-4:30pm Wii Games @ JCC				

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programs at least
48 hours in advance!**

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