

GOLDEN AGE GAZETTE

Presented by the Fairbanks North Star Borough Parks & Recreation Department

NOVEMBER AND DECEMBER

WELCOME TO THE SENIOR PROGRAM

Here is the November/December Newsletter! Join us for healthy activities and socialization.

Senior Program
Joy Community Center
24 Margaret Ave.

Email: marya.lewanski@fnsb.gov



Phone: 907-459-1136

Website: parks.fnsb.gov



Sign up for our monthly Parks & Rec e-Newsletter packed with events and programs. Issues come out on the 1st of the month. Sign up online at parks.fnsb.gov or call 459-1070.

Senior Citizens Advisory Commission



Denise Daniello, Chair
(219) 381-8421



Darlene Supplee
(907) 452-1735



Marleyne Hunter
(208) 599-0579



Karen Wood
(907) 474-2121



Carol Anthony, Vice-Chair
(907) 378-2769
(907) 458-5545



Bobbie Tarkiainen
(907) 978-6543

**Could
This
Be You?**

3 Vacant Seats
Apply today fnsb.gov

Contact any member of the Commission if you have ideas or concerns that bear upon the welfare of senior citizens and are within the powers of the Fairbanks North Star Borough. The meetings are quarterly. The 2nd Thursday in January, April, July and October. Meeting takes place in the JHAC Assembly Chambers at Noon.

More information fnsb.gov/429/Senior-Citizens-Advisory-Commission

Local Senior Centers

Fairbanks Senior Center

1424 Moore St.
(907) 452-1735
Office Hours
8:00am - 4:30pm

Santa's Senior Center

101 E. 5th Ave.
(907) 488-4663
Office Hours
11:00am - 3:00pm

Salcha Senior Center

6073 Salcha Pioneer Court
(907) 488-1606
Office Hours
N/A

FNSB Senior Program Walking and Exercise

November/December 2024



WALKING CLUB

Tuesdays & Thursdays 9:30AM-10:30AM Big Dipper Ice Arena Free



NORTH POLE EXERCISE

Mondays & Fridays 11:15AM-11:45AM Santa's Senior Center Free



FAIRBANKS EXERCISE

Tuesdays & Thursdays 11:15AM-11:45AM Joy Community Center Free



WALKING WITH A DOC

Thursdays 7:00PM-8:00PM Big Dipper Ice Arena Free



AQUACISE

Monday, Wednesday, Friday 1:00PM-1:45PM Mary Siah Recreation Center \$5.00

FNSB Senior Program Food Outings

November/December 2024



LUNCH @ TACO KING

Tuesday, November 5th 12:15PM-1:45PM 200 Old Steese Hwy Approx. \$20.00



LUNCH @ FOOD FACTORY

Tuesday, November 19th 12:15PM-1:45PM 275 Bentley Trust Rd. Approx. \$20.00



LUNCH @ GERALDOS

Tuesday, December 3rd 12:15PM-1:45PM 701 College Rd. Approx. \$22.00



LUNCH @ GREAT HARVEST

Tuesday, December 31st 12:15PM-1:45PM 1990 Airport Way Approx. \$25.00

These outings are for people to enjoy a meal together. Get together with old friends or meet some new people.

Price listed is an approximate for each restaurant. Price you will pay is based on what you order.

FNSB Senior Program Activities

November/December 2024



GRANDPARENTS AND GRANDKIDS CRAFTS

**Thursday,
November 21st
December 19th**

4:00PM - 5:30PM

**Joy Community
Center**

\$5.00

11/21



12/19



FAMILY PLAY NIGHT AND OPEN GYM

**Family Open Gym
November 6th and 20th
December 4th, 11th and 18th
Family Play Night
November 13th and 27th**

4:30PM-7:00PM

**Joy Community
Center**

**\$5.00 Senior/Child
\$7.00 Adult**



POTLUCK

**Friday,
November 15th**

2:00PM-4:00PM

**Mary Siah
Recreation Center**

**Bring a Dish
to Share**



HOLIDAY PARTY

**Friday,
December 20th**

2:00PM-4:00PM

**Mary Siah
Recreation Center**

***Bring a Dish to Share and a gift worth about \$10 for a gift exchange**



CRAFTS

**Wednesdays,
November 6th, 13th, 20th
December 4th and 18th**

1:00PM-2:00PM

**Fairbanks Senior
Center
1424 Moore St.**

Free



TABLE TENNIS

Wednesdays

3:00PM-4:30PM

**Joy Community
Center**

\$5.00