

May/June 2019



The Extra Scoop



Presented by the Fairbanks North Star Borough
Department of Parks and Recreation
Adaptive Recreation Program (907) 459-1097

Bryce Ward, Mayor



Adaptive Program Coordinator

Tiffany Corrigan

Phone: 459-1097 Office

Phone: 322-1358 Cell

Email: tcorrigan@co.fairbanks.ak.us

Email: tcorrigan@fnsb.us

Website: <http://co.fairbanks.ak.us>

May/June

Hello Participants, Parents and Caregivers:

May is our last month of the winter program schedule. We will also be offering more outdoor programs for all to enjoy. Please note that these programs are for the Adults with the exception of the Swim Programs. Parents, if you have an adolescent that wishes to participate in an adult activity please, consult with Tiffany about the guidelines for the activity. Most parent accompanied adolescents are able to participate upon consultation with Tiffany. We welcome new faces and remind those to have a current registration form and waiver on file as well as being signed up with staff for the programs of their choice. You will also find important dates listed at the bottom of this page.

Note, you may choose to receive your newsletter via email by simply placing your email address on the line provided on your registration form.

We make every effort possible to accommodate the requests made. Please, remember when placing your requests all calls must be made to the Adaptive Program Office at 459-1097 or the Adaptive Cell Phone at 322-1358. For additional information or to register, simply call the Parks & Recreation Adaptive Office, or check online at the Fairbanks North Star Borough website: www.fnsb.us

Please leave a voicemail if we are unavailable to answer your call and staff will return your call as soon as possible. To sign-up for the cultural outings, you must call in and place your request the Wednesday before the Cultural you wish to attend. If you request more than two cultural outings your name will be waitlisted for the third outing and added if there is availability.

Looking forward to a summer of fun with you,

Tiffany

Important Dates:

- **Wednesday, May 1st, No Programs, Senior Recognition Day Set-up**
- **Thursday, May 2nd, No Programs, Senior Recognition Day**
- **Wednesday, May 8th, 15th, 22nd & 29th, Rec Nights @ Dipper Pickleball Court**
- **Sunday, May 12th, Mother's Day**
- **Saturday, May 18th, Special Olympics Dance @ Elk's**
- **Monday, May 27th, No Bowling Program, Memorial Day Observed**
- **Friday, May 31st, Garden Planting @ Dipper**
- **Monday, June 3rd, Summer Schedule begins**
- **Tuesday, June 4th, Biking, @ Pioneer Park, Bocce & Games @ Moose Creek Pavilion Pioneer Park**
- **Wednesday, June 6th, Soccer Field on Davis Rd. @ Artificial Turf Complex, Concert @ Golden Heart Plaza**
- **Friday, June 14th, Day Camp @ Tanana Lakes, 10:00-4:15p.m., Fishing, Swimming, Hiking, BBQ**
- **Sunday, June 16th, Father's Day**

Adaptive May & June

Adult Cultural Enrichment Activities

May

- Friday, May 3rd Dinner @ C&J's, 2233 Cushman St.
Time: 4:15 –6:00p.m.
Cost: \$22.00 meal, beverage & gratuity
- Friday, May 10th Movie @ Regal Cinema, 1855 Airport Way
Time: 4:00-7:00p.m.
Cost: \$28.00 ticket & snacks
- Saturday, May 18th Special Olympics' Dance, 1003 Pioneer Way
Time: 7:00-9:00p. m.
Cost: \$1.00 per soda pop
- Friday, May 24th Hot Lick's Ice Cream & Fun Time Park, 3440 Shanly St.
Time: 4:00-6:00p.m.
Cost: \$15.00, ice cream treat
- Friday, May 31st Garden Planting @ Dipper, 1920 Lathrop St. (Back by Football Field)
Time: 4:00-6:30p.m.
Cost: \$10.00 Hotdog, chips, and root beer float

June

- Friday, June 7th Movie @ Regal Cinema, 1855 Airport Way
Time: 4:00-p.m.(pick-up starts earlier)
Cost: \$28.00 ticket & snacks
- Friday, June 14th Day Camp @ Tanana Lakes Recreation Area, So. Cushman Extension
Time: 10:00 a.m.-4:15 p.m.
Cost: \$15.00 burgers, snacks, and drink
\$10.00 additional rental fee per person wishing to kayak or canoe
- Friday, June 21st Dinner @ Gallo's, 60 College Rd.
Time: 4: 00 –5:30p.m.
Cost: \$25.00 meal, beverage & gratuity
- Friday, June 28th Paint Night @ MSRC, 1025 14th Ave.
Time: 4:00-6:30p.m.
Cost: \$10.00 snacks, paint supplies

Adaptive Programs and Cultural Enrichment Instructions

- 1) All participants that come with the Adaptive Recreation group will be required to stay with the group during the activity. If the participant wishes to leave an event, he or she must have his or her guardians consent and the guardian needs to inform a member of the Adaptive staff.
- 2) All Participants of the Adaptive Recreational Programming will need to be respectful to other members of the program and community to the best of his or her ability. This includes using appropriate language.
- 3) The no alcohol rule is in effect and smoking prohibited during the program. After the program ends, the facility's smoking rules apply.
- 4) Call the Parks and Recreation office between 3:30 P.M. and 5:00 P.M. Monday through Friday at 459-1097 to sign up for 2 cultural activities. All reservations must be made by the Wednesday prior to the activity. Your phone call will be returned, confirming the reservation. If an activity is full or if you want to sign up for more than 2 events, ask to be put on the wait list. If an event does not fill up, those on the wait list will be contacted.

ADAPTIVE REGISTRATION FORM ACTIVITY: _____.

Participant: _____ Age: _____ Sex: _____ Birthdate: _____

Address: _____ City: _____ Zip: _____ Phone: _____

Parent/Guardian: _____

Alternate person to contact (for emergency): _____ Phone: _____

Special Education Classification/Disability: _____

Doctor's Name: _____

Check (X) if participant is: _____ Subject to Seizure _____ Hearing Impaired
 _____ Visually Impaired _____ Non-Ambulatory

List any Allergies: _____

List any Medication: _____

List any Dietary Restrictions: _____

Provide any information that you feel will assist our staff in accommodating the participant:

If you want to receive your newsletter by email:

Email Address: _____

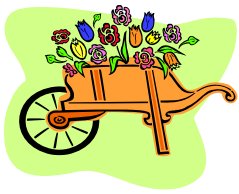
Emergency Treatment Permission: I Do____/Do Not _____, agree to emergency treatment by a physician or hospital in the event I cannot be reached.

Photo Permission: I Do____/Do Not _____, grant permission for the participant's picture to be used in publicity or brochures related to the Fairbanks North Star Borough Parks & Recreation Programs.

I, the undersigned, in consideration of permission granted to the above-named Participant by the FNSB to participate in FNSB Parks & Recreation Programs, hereby and forever discharge and release on behalf of myself, my child or ward, our heirs and assigns, the FNSB along with its employees and volunteers, from all claims, demands. Damages, actions and causes of action whatsoever, including but not limited to claims for property loss, personal injury, or death, arising from participation in the program or activity. I agree to abide by all applicable Parks & Recreation Department Rules & Regulations for activities in which participant participates. I, the undersigned, have read and fully understand the provisions of the above release and have explained it to my child/ward if appropriate.

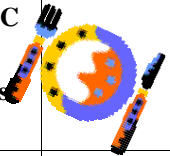




SIGNATURE: _____ DATE: _____
Adult Participant or Parent/Guardian

Please return to: Fairbanks North Star Borough, Department of Parks & Recreation
P.O. Box 71267, Fairbanks, AK 99707-1267 or Fax to (907) 459-1072.



May 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 No Programs SRD Set-up	2 No Programs Senior Recognition Day	3 2:30-3:30p.m. Exercise @ MSRC 4:15-6:00p.m. Cultural/ C&J's	4 
5	6 3:30-5:30p.m. Bowling @ Arctic Bowl	7 2:30-3:30p.m. Exercise @ MSRC 3:45-5:00p.m. Game Night @ MSRC	8 3:30-4:45p.m. Walking @ Dipper 5:00—6:30p.m. Pickleball @ Dipper	9 4:30-6:00p.m. Art @ MSRC 6:30-8:30p.m. Adapt/ Rec Swim @ MSRC	10 2:30-3:30p.m. Exercise @ MSRC 4:00-7:00p.m. Cultural/ Regal Cinema	11 
12 Happy Mother's Day	13 3:30-5:30p.m. Bowling @ Arctic Bowl	14 2:30-3:30p.m. Exercise @ MSRC 3:45-5:00p.m. Game Night @ MSRC	15 3:30-4:45p.m. Walking @ Dipper 5:00—6:30p.m. Pickleball @ Dipper	16 4:30-6:00p.m. Art @ MSRC 6:30-8:30p.m. Adapt /Rec Swim @ MSRC	17	18 7:00-9:00p.m. Cultural Special Olympics Dance @ Elks'
19	20 3:30-5:30p.m. Bowling @ Arctic Bowl	21 2:30-3:30p.m. Exercise @ MSRC 3:45-5:00p.m. Game Night @ MSRC	22 3:30-4:45p.m. Walking @ Dipper 5:00—6:30p.m. Pickleball @ Dipper	23 4:30-6:00p.m. Art @ MSRC 6:30-8:30p.m. Adapt/Rec Swim @ MSRC	24 2:30-3:30p.m. Exercise @ MSRC 4:00-6:00p.m. Cultural/ Hot Lick's Fun Time Park	25 
26 	27 No Programs Memorial Day	28 2:30-3:30p.m. Exercise @ MSRC 3:45-5:00p.m. Game Night @ MSRC	29 3:30-4:45p.m. Walking @ Dipper 5:00—6:30p.m. Pickleball @ Dipper	30 4:30-6:00p.m. Art @ MSRC 6:30-8:30p.m. Adapt/Rec Swim @ MSRC	31 2:30-3:30p.m. Exercise @ MSRC 4:00-6:30p.m. Cultural/Dipper	

Arctic Bowl= Arctic Bowling Lanes, MSRC= Mary Siah Recreation Center Swimming Pool & Art Room, Dipper= Big Dipper Ice Arena, Fairbanks North Star Borough Parks & Recreation, Adaptive & Senior Program Coordinator Tiffany Corrigan, 459-1097



June 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Alyeska Games 10:00a.m. @ Lathrop Track
2 	3 3:30-5:30p.m. Bowling @ Arctic Bowl	4 3:00-4:00p.m. Bocce @ P.P 4:15-6:00p.m. Game Night @ M.C.P.P.P. 4:15-6:30p.m. Biking Meet @ P.P.	5 5:00-6:30p.m. Walking @MTCC 6:45-8:00p.m. Concert @ GHP 	6 4:30-6:00p.m. Art @ MSRC 6:30-8:30p.m. Adapt / Rec Swim @ MSRC	7 2:30-3:30p.m. Exercise @ MSRC 4:00-7:00p.m. Cultural/ Movie @ Regal Cinema	8
9	10 3:30-5:30p.m. Bowling @ Arctic Bowl 	11 3:00-4:00p.m. Bocce @ P.P 4:15-6:00p.m. Game Night @ M.C.P.P.P. 4:15-6:30p.m. Biking Meet @ P.P.	12 5:00-6:30p.m. Walking @MTCC 6:45-8:00p.m. Concert @ GHP	13 4:30-6:00p.m. Art @ MSRC 6:30-8:30p.m. Adapt / Rec Swim @ MSRC	14 10:00a.m.- 4:15p.m. Tanana Lake Day Camp	15
16 Happy Father's Day	17 3:30-5:30p.m. Bowling @ Arctic Bowl	18 3:00-4:00p.m. Bocce @ P.P 4:15-6:00p.m. Game Night @ M.C.P.P.P. 4:15-6:30p.m. Biking Meet @ P.P.	19 5:00-6:30p.m. Walking @MTCC 6:45-8:00p.m. Concert @ GHP	20 4:30-6:00p.m. Art @ MSRC 6:30-8:30p.m. Adapt/ Rec Swim @ MSRC	21 2:30-3:30p.m. Exercise @ MSRC 4:00-6:00p.m. Cultural/Gallo's	22
23	24 3:30-5:30p.m. Bowling @ Arctic Bowl	25 3:00-4:00p.m. Bocce @ P.P 4:15-6:00p.m. Game Night @ M.C.P.P.P. 4:15-6:30p.m. Biking Meet @ P.P.	26 5:00-6:30p.m. Walking @MTCC 6:45-8:00p.m. Concert @ GHP	27 4:30-6:00p.m. Art @ MSRC 6:30-8:30p.m. Adapt / Rec Swim @ MSRC	28 2:30-3:30p.m. Exercise @ MSRC 3:45-7:00p.m. Cultural/Paint Night @ MSRC	29
30						

MSRC = Mary Siah Recreation Center, Weight Room, Swimming Pool & Art Room, Arctic Bowl=Arctic Bowling Alley, MTCC =Morris Thompson Cultural Center, MCPPPP=Moose Creek Pavilion Pioneer Park, Pioneer Park, GHP =Golden Heart Park
 Fairbanks North Star Borough Department of Parks & Recreation, Adaptive & Senior Program Coordinator Tiffany Corrigan, 459-1097

**Fairbanks North Star Borough
Department of Parks & Recreation
P.O. Box 71267
Fairbanks, AK 99707**